

Fact Sheet

CDA Supportive Services: Case Management and Home Visiting



Alameda County Supports Two Key Supportive Services for Adults

Who Is Eligible?

Seniors who have limited support, have multiple or complicated medical, psychological, financial, or legal issues, or exhibit signs of dementia and require help in coping.

Seniors who do not financially qualify for Medi-Cal represent more than 2/3 of older Californians who are economically insecure yet qualify for supportive services.

Further Information:

www.alamedacountysocialservices.org/our-services/Seniors-and-Disabled/IHSS/In-Home-Supportive-Services

What are Supportive Services?

Case Management and Friendly Visiting are essential in providing individualized care for seniors who are frail or have serious health, physical or cognitive impairment. Case managers ensure seniors' needs are cared for completely, including cleaning, transportation, hygiene or special medical needs.

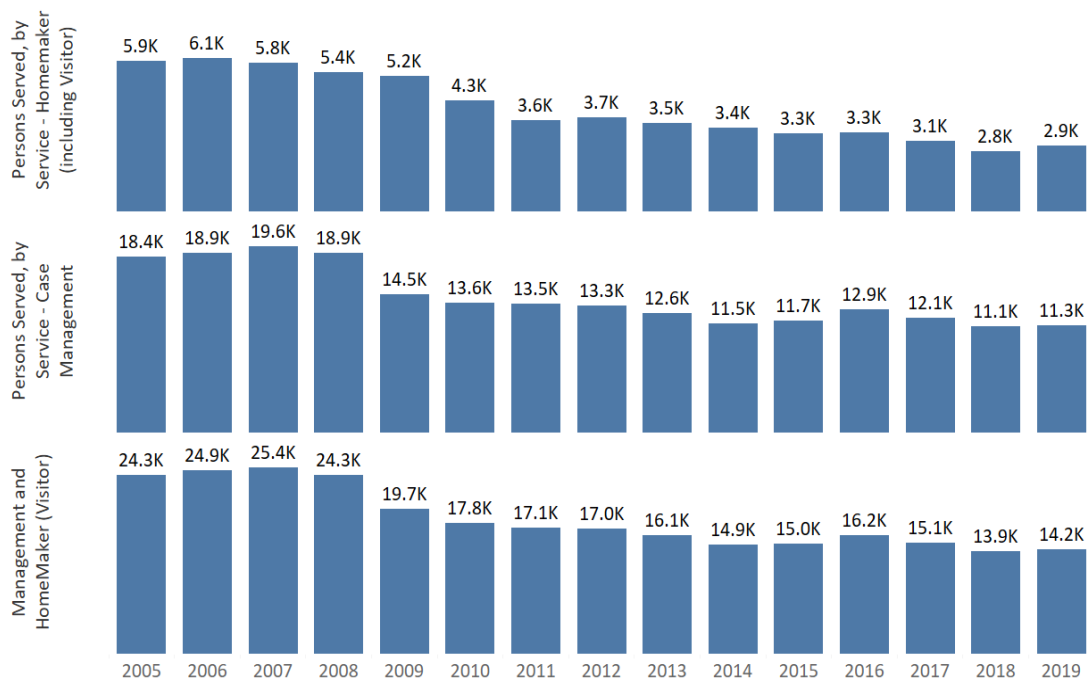
Across the state many seniors are isolated and living alone without caring supports of family and friends to tend to their physical, emotional and psychological needs. Without supports, an illness, relationship loss, isolation, cognitive decline or other stressor can destabilize an older adult, putting them at high risk for repeat hospitalizations, falls, depression, anxiety, housing loss and homelessness.

CDA Supportive Services Programs

What is the Need?

- Since 2010 California's population of seniors age 65+ has grown by **68%** to currently 7.1 million.
- Over the next decade it will grow by **60%**, essentially 1 out of every 5 people in the state.
- Funding for these programs has been flat for more than a decade since budget cuts in 2008.
- As a result, there was a significant decrease of **42%** in total clients served from 2008-2019.
- We estimate that over **10,000** individuals will be served with increased funding.

Case Management and Homemaker (Visitor Program)



Source: agid.acl.gov AGID • Custom Tables • State Program Reports: Results (acl.gov) agid.acl.gov/CustomTables/SPR/Results/Alternative.aspx
Methodology: Sum of Persons Served, by Service - Homemaker, sum of Persons Served, by Service - Case Management and sum of Case Management and HomeMaker for each year

Fact Sheet



CDA Supportive Services Programs

Program Distinctions

	CASE MANAGEMENT	VISITING PROGRAM
GOALS & DESCRIPTION	<ul style="list-style-type: none"> To support the individual needs of older adults to maintain an independent lifestyle. This program benefits older adults who are not in need of skilled nursing, but are nonetheless in need of help coordinating their care 	<ul style="list-style-type: none"> To alleviate the physical and mental health risks linked to isolation. This program benefits isolated older adults by addressing their basic, social, emotional, and environmental needs.
ACTIVITIES	<p>Connect and coordinate a wide range of comprehensive support services including:</p> <ul style="list-style-type: none"> Transportation Meals Housing Shopping Medical appointments, In-home services & support Volunteer support services Elder abuse prevention Problem solving Referrals Applying for Medi-Cal/SSI, and Social integration. 	<p>Match isolated older adults with volunteers who:</p> <ul style="list-style-type: none"> Provide companionship through weekly visits, phone calls and outings Develop lifelong friends Encourage development of a support network of family and friends
STAFFING	<ul style="list-style-type: none"> Assigned case management staff 	<ul style="list-style-type: none"> Unpaid volunteers overseen by a volunteer coordinator
FUNDING HISTORY	<ul style="list-style-type: none"> Older Americans Act program provided through AAAs Continued after 2008 with federal funding that has remained flat 	<ul style="list-style-type: none"> Older Americans Act program (under "Homemaker") provided through AAAs Continued after 2008 with federal funding that has remained flat

*Because many individual Title IIIB programs lacked budget line items, the Linkages and Senior Companion programs were used to derive the total budget cost.

CDA Supportive Services Programs

2023 Funding Request

Alameda County recommends a budget request of \$32.25 million (\$10.75 million annually) in one-time General Fund investment over three years to build statewide local assistance capacity of these two key Supportive Services programs, specifically Case Management and Visiting programs.

Budget Estimate:

How did we estimate total cost?

- To derive the requested budget allocation, we used State Fiscal Year 2008-2009 General Fund allocation for Case Management and Visiting programs in the CDA Supportive Services category as a baseline, then added an inflation adjustment utilizing the U.S. Bureau of Labor Statistics CPI Inflation Calculator.*
- The State FY 2008-09 General Fund allocation for Supportive Services programs was eliminated the following fiscal year and has not been restored.
- The requested funding amount represents baseline funding. To bring funding – and service capacity – to levels adequate to meet current needs, both inflation and service level needs due to population growth would need to be considered.

CDA SUPPORTIVE SERVICE PROGRAM CATEGORY	STATE FY2008/09 GENERAL FUND ALLOCATION ^{XI}	2021 COST ACCOUNTING FOR INFLATION
CASE MANAGEMENT	\$8,264,000	\$10,256,664
VISITING PROGRAM	\$398,000	\$493,968
TOTAL GF FUNDING REQUEST	\$8,662,000	\$10,750,632

*Because many individual Title IIIB programs lacked budget line items, the Linkages and Senior Companion programs were used to derive the total budget cost.